

## Man's Ultimate Goal



**L**ife was created on earth millions of years ago. In the beginning, single cell life appeared on the earth. The number multiplied through the division of cells. Then evolution from tiny creatures to huge dinosaurs took place. It was a very slow process. It took lakhs of years to increase the biodiversity on earth. In the meanwhile, creeping creatures like dinosaurs extricated. Similarly, huge birds flying in the sky also extinct. But there were new additions to the life on earth in the form of ancestor of today's man - primitive man was born. His features were similar to monkey class animals like – Gorilla, ape, Chimpanzee etc. His behaviour was also like the animals. Hence it is said that monkey is the ancestor of man. It took lakhs of years for converting the man from primitive to today's man. Atmosphere and the surrounding conditions affected them in this process. According to the theory of evolution, every living thing tries to save its existence. The physiology of man is different from other animals. Man did not have natural means to protect himself. May be therefore he was encouraged to use his brain rather than physical strength. In this process, the brain developed, tail lost and started

standing erect on both the legs, got hands. Due to the development of brain, man acquired the capacity to remember the things, which means got the power of remembering. Man started thinking of possible dangers by relating the things in memory, situations and surroundings. Man started thinking of measures to overcome the dangers. On the basis of developed brain through evolution man has made enormous progress. Man has acquired control of the earth and today is touching the sky; trying to have control on space.

Man is not the creator or controller of the world. We don't have to debate on whether God exists or not. But most of the people in the world have faith in God. People believe that there is a super power controlling nature. It has made rules. This power has made man civilized. It has given man the power to think. We may agree with this or not. But then, 'what is the duty of man towards man and nature? What is the reason of his taking birth on earth?' These questions are important and man alone has to find answers.

Some years ago, I read a book titled '*Prithvivar Manus Uprach*,' which means Man doesn't belong to this earth. Many mysterious things have happened on this earth; which a man cannot do. Its general meaning was that the things have been done by someone else and not by man. It may be possible. Because we see many miracles for which, there is no logical explanation. Man is surprised to see some mysterious things on the earth. He admits that he cannot do such things and frankly accepts the superiority of nature.

Actually, a human being is also a part of nature. Like other natural things, man is also a type of natural

creation. Once discussing with a friend, he had said that man should feel proud of himself being a man. Man is remarkable and unique. The finger prints of any two men don't match. The corneas of the eyes are also different. This means a person is born with a particular identity. Hence every man is unique and different.

On the different stages of evolution, human brain has developed a lot. Human brain is the most developed among all animals. Man has an awareness of time due to which man can store the memories according to the order of time, a collection of experiences. Human power of thinking is developed. On the basis of awareness of the surrounding and experience, man can think, can guess. Man can think, 'why and how?' Man can do research to answer the questions. To express his thoughts, man has developed language he can speak to other human beings. Man gets knowledge through it and it is beneficial for his next generations. These characteristics of man are not found in any animals. Their memory is limited for a certain period. They cannot think. Their life-style is based on basic instincts like food, security and sex. Man, also has these instincts. Man uses them, but he uses his intelligence to develop his life style.

Man's brain is developed through evolution. We started walking on two legs. Our knowledge of senses developed. With the help of sensory organs like eyes, nose, ears, tongue and skin, man can understand the things around him and can acquire new knowledge. It is seen that every generation of man has been increasing its grasping power. This is man's strength. Man is a social animal. Man cannot live alone. Man needs other people, relations. Man wants someone to listen to him, someone to speak with. Out of such needs, man did many inventions and created a

world of his own. Today, through internet we get the information of the world in one click. This is the limit of human technology. With this man has reached great heights. But we need to think of the fact, what is the reason of man's existence on earth?

I get up in the morning, after going to toilet and having a bath, I give leftover food to crows and stray dogs. We have kept 'guppies' (fish) at home. I give one mouthful food to them. I feel as a human being it is my duty. Man has the responsibility of taking care of the earth. When man overpowers the nature, become owner of a certain things, it is his duty to protect the things, preserve and improve it those.

A big banyan tree that gives shelter to many birds and insects and animals, gives shade and oxygen to passers-by, can be cut by man in a few minutes using saw. Why is man destroying nature instead of protecting and developing it? Who will punish him for this and what punishment will be given? When a man kills a man, he gets life imprisonment or even death sentence. But when man unnecessarily kills a bird or an animal, cuts a tree, pollutes air, water food etc. What punishment should man be given? If man thinks himself as intelligent and the king of the world, man should know the importance of the balance of nature. Man should take care not to imbalance the nature. There is a difference between burning troublesome grass and burning of the forest. When a forest is on fire due to heat, man should try to put off the fire to save the life in the forest. Man has to make efforts to preserve the continuity of nature, because the continuity of his existence depends on it. When the human race will come to know it, the objective of coming on the earth will be fulfilled.

Today man is divided in many ways. Man is divided on the basis of colour, religion, caste, gender, province, language etc. Some groups are regarded as superior and some inferior. The superiors treat inferiors as slaves. This has created inequality. Because of this, we are drifting away from our duty of preserving and improving nature. Suppose if we suffer losses, from flooding of the river, we can build a bund, or Ghats etc. But, if waste water is let in the river, dead animals and human bodies are left in water, what is the use of river water? Yet we pollute the river water knowing these things. This is against our aim.

It is universal truth that when one is born, one is bound to die on one or the other day. God has given thinking power to man so he can measure the time of his life. One can think as, "How many days are left and what to do before I die. Do I destroy the nature or preserve it?" Our bitter-sweet experience can guide the next generation. As the medicinal pill goes in the stomach and cures us of illness, in the same way, our experiences will make the generation, think ten times before taking a decision. The mistakes done by us will be avoided by them. It is also the main intention of our life to keep our knowledge, values, experiences reserved for next generation.

If man frankly accepts and discloses the mistakes committed, in order to avoid such mistakes rules can be framed and adherence to it can be ensured. There should be international code for this. Every person in the world is the best and incomparable. Every person has to do something. It should be personally planned. It's micro-planning. It should be done till the last man, for example one Dr. Vivek Ksheersagar was born. What has he done? What should he do? He got retired. What should he do after that? What are his opportunities? How should he grab

them? How will the society be benefitted from his knowledge? Likewise, if we plan about every person on a personal level, the human society will be resembled like the Taj Mahal on the full moon day. And as man has control over the world, everything in the world will be bright.

Many empires rose and then disappeared. We have learnt about it in the history. Statements were made that, 'the Sun doesn't set on the British Empire.' Today where is it? We had great civilisations, like Harappa - Mohenjo-Daro, Egypt etc., but today only their remains are found. Hastinapur of the Mahabharata is nowhere to be found.

The Magadh Empire of Chandragupta Maurya is today's Bihar. Magadh was very prosperous. Why this prosperity is not seen in today's Bihar? These things are perishable. Only a generation is benefitted by this, but it disappeared afterwards. When we think of all this, we should decide what should be the intention of our life? These intentions should be same from rich to poor.

Alexander defeated king Puru and made him a prisoner. He asked Puru, 'How should I treat you?' Puru immediately answered, "I am a king. Hence as a king you should treat me like a king." This answer is very important. Today we live as human beings and make other humans slaves, treat them as inferior people, without thinking that the others are also a human being, even if they are of different caste, different colour, poor and illiterate. A person should be treated as a human by another person. How proper it is with my intention to live as a human? Democracy is defined as Government for the people, of the people, by the people. But majority of the people think only of themselves and not of the society.

Once I had attended a lecture of Mr. Parthasarathy of Vedant Academy. There he said your family should be the centre of your thoughts. It is a basic instinct, which prevails in every animal. It is, “my family should exist after me.” Why does a banyan tree prepare so many seeds? Because it is its instinct that many banyan trees should be spread in the world. Why are there millions of sperms in an ejaculation? -

So my family and generation should continue. But Mr. Parthasarathy says; “don’t make this instinct, the circumference of your work area.” If there is nothing beyond me and my family, keeping only my house clean and throwing the garbage outside the house becomes a way of life. Is it proper to do so? You should never forget that you are born for the protection of the nature. A person should take care of living and non-living things on the earth. It may be air, water, ice, stone, soil etc. All these things are useful to us. Taking care of them is to manage our resources. It is a type of resource management. Energy and the light of the world are one. All the living, non-living things are equal. One should do planning for it. It is good for social welfare. It is not necessary that a commodity produced in America must be produced in India also. But there should be exchange of it between the two countries. We should support each other; you should not exploit each other. If you do so, there is no difference between human and animals. Every small person should be honoured. The stone at the foundation should get the same importance of the stone at the top of a temple

In history we read that a certain king-built road, lakes, dug wells, planted trees etc. These things should be done by you and us. We should follow the attitude of ‘Atithi Devo Bhav’, which means a guest should be regarded as

God. Everyone should have the feelings of love and well wishes. There should be no feeling of bitterness. If you think only for yourself, then it can be dangerous. The decision taken by you for public welfare may not become popular immediately. When the decision is proven through results, it will be praised by all.

Everyone has a Ram and a Ravan in his mind. We feel like doing good deeds, a tragic scene in a movie brings tears in our eyes, if someone faces sufferings, we feel bad; these are the signs of Ram in us. When we have ill will for others, feel happy when others suffer, it is a Ravan attitude. Alexander conquered the world, but he has to leave the world without anything. What did he gain? At the last moment of life, a person thinks, “How one has lived? As Ram or as a Ravan?” but by then the time is gone. First, man runs after fulfilling the primary needs, after fulfilling these he seeks comforts and luxuries; then seeks for status and honours.

In this haste, he doesn't get time to think “what the intention of the life is?” When one is on the death bed, one thinks about it. When a few days of one life are left, one starts worshipping or praying to God. But it is of no use. If you spend your time in getting real love, joy and satisfaction you will make your life successful. If a person knows the goal of life, person won't feel bad, even being the stone of foundation. Whatever we are, with our current resources, we are of some use to the society and it is very important. When a person knows this, the joy is a real joy. Nobody can take it away. Everyone cannot become a hero. Many people perform important roles behind the curtain. It is only then that a hero can perform his role. Hero should let the people know ‘like him, there are many heroes behind the curtain working for him doing their duties and hard



works.” The heroes behind the curtain will feel happy, their inferiority complex will vanish due to such compliments.



## Quotes

“No, my son, do not aspire for wealth and labor not only to be rich. Strive instead for happiness, to be loved and to love, and most important to acquire peace of mind and serenity.”

— **Og Mandino, The Greatest Salesman in the World**

“If you want to live a Happy Life – tie to a Goal and not to People or Things”

—**Albert Einstein**

“If you want to be happy, set a goal that commands your thoughts, liberates your energy and inspires your hopes.”

—**Andrew Carnegie**

“All who have accomplished great things have had a great aim, have fixed their gaze on a goal which was high, one which sometimes seemed impossible.”

—**Orison Swett Marden**

“Our goals can only be reached through a vehicle of a plan, in which we must fervently believe, and upon which we must vigorously act. There is no other route to success.”

—**Pablo Picasso**

“You have to set goals that are almost out of reach. If you set a goal that is attainable without much work or thought, you are stuck with something below your true talent and potential.”

—**Steve Garvey**

“All successful people have a goal. No one can get anywhere unless he knows where he wants to go and what he wants to be or do.”

—**Norman Vincent Peale**

“You should set goals beyond your reach so you always have something to live for.”

—**Ted Turner**